

Moviprep for Colonoscopy

Your Colonoscopy Procedure is scheduled Date: _____ at Time: _____
You should arrive at Time: _____ Location of Procedure: _____

Please Note: The arrival time is earlier than the procedure time. This will allow for preparation time. You MUST have a DRIVER to take you home. The driver must remain at the facility for the duration of your stay. If you do not have a driver present, your procedure will be canceled.

Confirmation of appointment: You will be called 7 days prior to your procedure. If we do not reach you, we will continue calling up until 3 days prior to your scheduled procedure.

Please Note - If we do not receive a phone call from you, your procedure will be cancelled. You may leave a message at 828-254-0881 to confirm, cancel or reschedule.

***If you take a blood thinner follow your physician's instructions for when to stop:**

Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (apixaban), Aggrenox, Xarelto, Pradaxa (Dabigatran)

*If you are a diabetic with an insulin pump, please contact your endocrinologist to help manage your insulin.

1 week prior

*Purchase the following:

--Movi Bowel Prep which was called into your pharmacy.

--Purchase clear liquids such as broth, popsicles, tea, coffee, water, jello (lime, lemon, pineapple, banana or peach), Gatorade, soft drinks. (No red or purple liquids) for your clear liquid diet.

Four (4) days before your Colonoscopy, Date: _____

STOP ALL Iron supplements or Multivitamins with Iron; Herbal and homeopathic supplements.

CONTINUE: Your medications for your heart, blood pressure, asthma, aspirin or other chronic medical conditions unless otherwise instructed by your physician. This is very important.

*Please avoid foods with seeds, nuts, fruit/vegetables with skin and corn until after procedure.

*Last chance to cancel your appointment. Call our office number at 828-254-0881, if you need to reschedule your procedure or have any questions.

One (1) Day Before Colonoscopy, Date: _____

The day before your Colonoscopy procedure, begin clear liquid diet in the morning. No solid food or milk products, avoid red or purple liquids.

*Drink plenty of fluids today for hydration.

***If you are a diabetic:**

Insulin Pump: Contact your Endocrinologist to help manage your insulin

Oral Diabetic: Take half of your normal dose.

Insulin-dependent diabetic: Take half of your normal dose

Mix the Moviprep according to the directions on the container.

At 5:00pm

Step 1 - Empty 1 pouch A and 1 pouch B into the disposable container.

Step 2 - Add lukewarm drinking water to the top line of the container.

Step 3 - Mix to dissolve.

Step 4 - Begin drinking the first liter (33oz). Drink 1 glass (8oz) of solution every 15-20 minutes until the full liter is consumed. Then, drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep. You may drink additional fluids if desired during the evening. No solid food.

The day of your Colonoscopy procedure, Date: _____

* 6 hours before STOP SMOKING and/or CHEWING TOBACCO.

* Mix solution of second packs as done previously

* At 5 hours before your procedure Time: _____, begin drinking the second liter (33oz) of Moviprep. Drink 1 glass (8oz) every 15-20 min. until the full liter is consumed. Then drink 16oz of the clear liquid of your choice. Again, this is an important step to ensure adequate hydration.

***You may continue to drink clear liquids until 3 hours before your procedure.**

After your prep, the results should appear clear yellow or clear green liquid with no matter. If not, call the office at, 828-254-0881 and ask for the endoscopy nurse

DO NOT have anything by mouth 3 hours before your procedure, Time: _____

No Gum, Mints, Hard Candy, or Chewing Tobacco 3 hours prior to your procedure.

*If you take Heparin or Lovenox: DO NOT take day of procedure

* Patients with Diabetes: DO NOT take your diabetic medicine. You may bring them with you.

*Take your morning medication, with the exception of those listed above, with a sip of water at least 3 hours before your procedure, unless otherwise instructed by your physician.

Be sure to bring the following:

* Responsible adult driver to stay with you and drive you home. Your procedure will not start without your driver present.

* Insurance cards and photo I.D./License

*Any co-insurance fees due.