EGD & MEDICATED SIGMOIDOSCOPY

Your EGD is scheduled on Date : _____at Time: _____

You should arrive at Time: _____Location of Procedure: _____

Please Note - The arrival time is earlier than the procedure time. This will allow for preparation time. You MUST have a DRIVER to take you home. The driver must remain at the facility for the duration of your stay. If you do not have a driver present, your procedure will be canceled.

Confirmation of appointment: You will be called 7 days prior to your procedure. If we do not reach you, we will continue calling up until 3 days prior to your scheduled procedure. If we do not receive a confirmation call, your procedure will be cancelled. You may call 828-254-0881 to confirm, reschedule or cancel your procedure.

*****Purchase 2 Fleet enemas several days prior to the procedure date. *****

Four Days before your procedure, Date: _____

STOP all blood thinners such as: Pletal, cilostazol, Jantoven, Plavix, Ticlid, Coumadin, Warfarin, and Persantine, Aggrenox, unless otherwise instructed by your doctor. STOP Pradaxa if you have kidney insufficiency.

STOP: all Iron Supplements, Multivitamin with Iron, Herbal and homeopathic supplements.

Continue all other medications that you normally take. It is important to continue your medications for your heart, blood pressure, asthma, aspirin, or other chronic medical conditions as instructed by your physician.

Two (2) days before your EGD/Sigmoidoscopy, Date: _____

STOP Pradaxa if you have normal renal function.

One (1) day before your EGD, Date: _____

<u>You may have a normal diet today until midnight</u>, and then begin clear liquids which you may have up to 3 hours prior to your procedure. (NO SOLID FOOD OR MILK PRODUCTS).

***Clear liquids include: water, apple juice, popsicles, jello, broth, black coffee, Gatorade, tea, and soft drink (no red or purple). You may use only: lime, lemon, banana, pineapple or peach Jello and popsicles.**

The day of your EGD/Sigmoidoscopy, Date: _____

*Do not take your heparin or Lovenox unless instructed by your doctor.

*Patients with diabetes DO NOT TAKE YOUR DIABETIC MEDICINES, BRING THEM WITH YOU. You may continue clear liquids until 3 hours before your procedure (No solid food or milk products).

*You should take your morning medications with the exception of those listed above at least 3 Hours prior to your procedure, unless otherwise instructed by your physician.

DO NOT have anything by mouth 3 hours before your procedure, Time: _____

This includes: gum, mints, hard candy, or chewing tobacco.

Use one Fleet Enema as directed on the box 2 hours before you leave home. Use the second Fleet Enema as directed on the box 1 hour before you leave home. Please allow enough time for traveling and adjust your fleet enema usage accordingly.