

# Checklist for the Day of your Procedure

Before you leave home for your procedure, have the following been done.....

- Do you have a driver?  
***\*\*Your driver MUST stay with you. This is usually a 2-hour stay.***
  
- Have you followed your Diet Restrictions up to this point?  
***Reminder- ONLY Clears liquids are allowed on the day of your procedure up to 3 hours prior.***  
***\*\*Then NOTHING is allow in your mouth 3 hours before your procedure including gum or hard candy\*\****  
***Verify what time you stopped drinking your clear liquids. Insert your time here \_\_\_\_\_***
  
- If you are having a colonoscopy, did your colon prep work well?  
***\*\*You should expect clear yellow results with No large particles (similar to Mountain Dew and able to see the bottom of the commode).***

If you have answered “NO” to any of the above questions, you **MUST** call our office at (828) 348-8490 prior to leaving your home. This line will be available from 7am-4pm.

***Important: If you have tested positive to Covid in the last 30 days, your procedure will need to be rescheduled due to safety concerns***